

# PRESS RELEASE

FOR INTEGRA TELECOM



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*\*\*Photo available upon request\*\**

### MEDIA CONTACTS

John Nee, 503-453-8084, john.nee@integratelecom.com

Shannon Riggs, 503-546-7885, shannon@lanep.com

## INTEGRA TELECOM PROMOTES KELLY COOKE TO VICE PRESIDENT OF NETWORK COST MANAGEMENT

Portland, Ore. – Jan. 15, 2010 – [Integra Telecom Inc.](http://www.integratelecom.com), an integrated communications provider for business, has promoted Kelly Cooke to vice president of network cost management for Integra Telecom. Cooke will oversee the overall performance, development and management of the corporate network cost management and corporate project management departments for Integra Telecom. Based at Integra's headquarters in Portland, Ore., Cooke previously served as the director of network cost management and corporate projects.

"With more than 15 years of telecom project management, operations and marketing expertise, Kelly has proven herself as an outstanding leader," said Jim Huesgen, president and COO of Integra Telecom. "Her new role as vice president is a natural step in her career and I look forward to working with her as we continue to grow the company."

Cooke holds a bachelor's degree from Washington State University and a project management certificate from Portland State University. She is also a 2004 graduate of Leadership Clark County, a community leadership program designed to help citizens become more effective community leaders.

### **About Integra Telecom**

Integra Telecom Inc. provides voice and Internet solutions to thousands of business and carrier customers in 11 Western states, including: Arizona, California, Colorado, Idaho, Minnesota, Montana, Nevada, North Dakota, Oregon, Utah and Washington. It owns and operates a best-in-class fiber-optic network comprised of metropolitan access networks, a nationally acclaimed Internet and data networks, and a 4,700-mile high-speed long haul network. The company has

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earned some of the highest customer loyalty and customer satisfaction ratings in the telecommunications industry. Primary equity investors in the company include Goldman, Sachs & Co., Tennenbaum Capital Partners, funds managed by Farallon Capital Partners and Warburg Pincus. Integra Telecom and Electric Lightwave are registered trademarks of Integra Telecom Inc. For more information, visit: [www.integratelecom.com](http://www.integratelecom.com).

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